



SASKATCHEWAN POPULATION HEALTH AND EVALUATION RESEARCH UNIT

University of Regina



As we quickly move into February, the year 2017 has been busy for SPHERU. Since our faculty met for a two-day meeting in Saskatoon this past December, many of us have been busy participating in new projects, conferences, workshops and more.

New project awarded

SPHERU, along with colleagues in Quebec, Nova Scotia and Newfoundland won the competition for the operation grant: Pan-Canadian SPOR Network in Primary & Integrated Health Care Innovations -- Knowledge Synthesis.

A committee reviewed the following project the group submitted, "Case management in primary care to improve outcomes among frequent users of health care services with chronic conditions: a realist synthesis of what works for whom and in what circumstances."

A total amount of \$70,000 was awarded for the POR-PIHCI synthesis



Photo courtesy of Abby Wolfe (Alzheimer Society of Saskatchewan)

Andrea Leclair (Red Cross Friendly Visiting Program), Dr. Nuelle Novik and Sharienne Caffet attended the Alzheimer Society of Saskatchewan's Dementia Friendly Communities Event.

grant.

Dementia Friendly Communities

Sharienne Caffet and Dr. Nuelle Novik attended the Alzheimer Society of Saskatchewan's Dementia Friendly Communities Event in Regina on Jan. 18.

"At any given point in time there were 40 - 50 people present; there was great discussion and real engagement by those in the room," Novik summarized.

Holly Schick, Executive Director of Saskatchewan Seniors Mechanism (SSM), and a couple of other representatives from SSM were present.

from the U of R's Lifelong Learning Centre (LLC) attended and participated in the afternoon.

"The folks from the Alzheimer Society just did a really great job with this, and the information was well received," Novik reported.

MP Ralph Goodale was in attendance and spoke at the event. He was verbally supportive of the large funded project, and engaged by taking photos of powerpoint slides. There was also media coverage by Global TV.



An infographic explains how to create a Dementia Friendly Community.

Healthy Start/Départ Santé - Phase 3

SPHERU’s involvement continues with the Healthy Start/ Départ Santé (HSDS) initiative.

The HSDS initiative is a bilingual initiative intended to encourage healthy eating and physical activity for children aged three to five in Saskatchewan and New Brunswick.

As HSDS moves into Phase 3, SPHERU has agreed on a plan to support the dissemination of the HSDS project results from Phase 2 (implementation and evaluation). SPHERU will be partnering with the Réseau Santé en français de la Saskatchewan to provide assistance with knowledge translation, development and exchange.

Dr. Gabriela Novotna and Dr. Muhajarine are taking part in the Phase 3 collaboration. Dr. Rachel Engler-Stringer also collaborated on Phase 2 of the project.

On Jan. 18, HSDS held a symposium in Saskatoon to share results from the last four years (Phase 2)

with key stakeholders, government partners and policy makers.

Obesity Education Workshop in Saskatoon

Paul Hackett was asked to make a presentation at the Adult Obesity and Education workshop at the Radisson in Saskatoon.

Hosted by the Yorkton Tribal Council, the two-day workshop was intended to increase knowledge about obesity and the complexities associated with it.

Hackett’s presentation about residential schools and the impact they had on Indigenous health was met with questions and a few anecdotes of how people have wit-



Dr. Paul Hackett speaks at the Adult Obesity Education Workshop in Saskatoon on Jan. 25.

nessed the impact of residential schools within their own communities.

Coming up:

In mid-February, Dr. Muhajarine is participating in the Aboriginal Head Start in Urban and Northern Communities

(AHSUNC) Research Forum in Ottawa.

The research forum is intended to be a stepping towards better understanding health and social outcomes of the AHSUNC program on Canadian Indigenous children and their families living off reserve.

It will also provide an opportunity to build an understanding of the program with the research community, strengthen the Aboriginal health research network, and create partnerships for future applications for intervention research funding under CIHR *Pathways to Health Equity for Aboriginal Peoples*.



Dr. Muhajarine speaks at the Healthy Start/ Départ Santé symposium on Jan. 18 in Saskatoon.