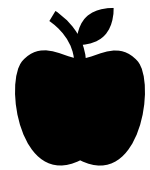


SCHOOL FOOD PROJECT UPDATE



Fall 2022

Join Us Oct 27-28 for Come to the Table: Exploring School Food Together

Join us at Station 20 West (1120 20th St. W) as we come together to hear from School Food Leaders from across Canada with successful, culturally-appropriate food programs in their schools. Meals are provided. NO REGISTRATION FEE. We encourage four staff who are interested in/connected to the school food programming at your school to register.

Talk to your Project Manager, Stefanie or your principal, for more information.

Saskatoon - Station 20 West
Thursday Oct 27 – 12-4:15pm
Friday Oct 28 – 8am – 4pm

Registration Deadline: Sept 30

DID YOU KNOW? Your school has partnered with the USask College of Medicine, CHEP Good Food Inc. and Meadow Lake Tribal Council for a two-year long project entitled: Exploring School Food Programs and Practices with Indigenous Communities or *The School Food Development Project (SFDP)* for short!

Our goal is to create more opportunities for students to experience culturally-appropriate food and food-based learning at school. For the purposes of our project, “school food” can include breakfast, lunch and snack programs; nutrition education; gardening and growing programs; cooking; land-based education; and more. Initiatives attached to the research might be as large as establishing a school-wide gardening program, and could be as small as serving a traditional dish at a community gathering. The possibilities are endless.

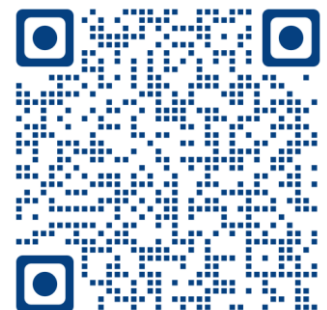
From now until about February, we will be working to collect as many brilliant ideas as we can from school staff, families and students. Then, from March 2023 – March 2024, we will have the chance to pilot some of these ideas – tracking resources needed, student engagement, costs involved, etc.

Here's some of the work that the project team has done so far:

- Initial info-gathering interviews have been conducted with key staff at Westmount and Howard Coad in Saskatoon, as well as with seven Meadow Lake Tribal Council schools.
- An online survey about school food has been released for all staff to complete. Many folks did this in the spring – thank you so much for your participation! 😊 If you did not complete the survey, or are new to your school, you will have an opportunity to do so in OCTOBER.
- Worked to obtain a grant from the SK Health Research Foundation to help fund our upcoming gathering; and worked with our Meadow Lake partners to write a Local Food Infrastructure Grant for funds to improve their communities' food access infrastructure.
- Worked with our facilities consultant Derek Cotton to assess school kitchen spaces and offer recommendations for growth and improvements

What Happens Now?

- 1) Continued Idea Gathering – we will meet in-person with teachers and community stakeholders to generate ideas and find out what folks in your school community would like to see in a school food program.
- 2) Obtain consent from parents for direct student involvement in the research – parent info letters and opt-out information will go home in Nov.
- 3) Online Community Survey – this optional survey will go out to parents in Nov/Dec



CHECK OUT OUR INTRODUCTORY VIDEO by following this QR link:
Contact Stefanie Foster, your Project Manager, for more info: stefanie.foster@usask.ca